



Arise & Shine is a dance class that aims to teach students 1st through 3rd grades basic dance fundamentals as well as prepare them for future dance experience. This class meets on Mondays directly after school from 2:45-3:45. Each class begins with a devotion and prayer time. Afterwards, dancers will learn stretches and exercises to increase strength, flexibility, and stamina. Finally, dancers will work on choreography of various dance styles (ballet, jazz/hip hop, and contemporary) to learn routines and gain muscle memory. Dancers will need to invest in a pair of nude jazz shoes. There will be a showcase at the end of the year for dancers to demonstrate for parents and friends all they have learned throughout the year and perform their dance routines.

Tuition fee: \$420 (for the year) Can be paid in two installments if needed (\$210 in September & \$210 in October) Tuition will be assessed through FACTS.

Recital Costume fee: - \$100 (this covers 3 costumes). This fee will need to be paid by cash, check, or Venmo to the Miss Brister by January 13th in order for costumes to arrive in time for the showcase.

Scan here to register:



For more information, please contact

Anna Grace Brister

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Email: annagbrister04@gmail.com

Or click [here](#) to register.

FPDS dance programs website: <https://cbrister.wixsite.com/fpdsdance>

