



Pure Energy is a performing dance group for grades 4th-6th at FPDS taught by FPDS alum, Anna Grace Brister. Miss Brister is a former competitive dancer with 10+ years of experience, 4 years as a featured singer/dancer in the nationally renowned Attaché Show Choir, and currently the captain of Mississippi College's Dance Team/Pom Squad. Pure Energy incorporates technique, terminology, performance skills, and choreography to be executed in the styles of jazz, hip hop, contemporary/lyrical, pom, and modern dance. Pure Energy will also be learning a routine to be performed at FPDS pep rallies. This dance group meets on Monday afternoons from 4:00pm-5:00pm. Each practice begins with a devotion and prayer time. Afterward, dancers will stretch, warm up, and work on various skills needed to execute the choreography taught. Four times throughout the school year, dancers will meet on Saturday mornings for choreography camps in which they will learn the routines for the showcase. This will allow dancers the opportunity to use practice time for cleaning and fine-tuning the choreography learned at camps. Dancers will need to invest in a pair of nude jazz shoes. There will be a showcase at the end of the school year for dancers to perform a production of routines for parents and friends.

**Tuition fee:** \$450 (for the year) Can be paid in two installments if needed (\$225 in September & \$225 in October) This will be assessed through FACTS.

**Other Fees:**

\$175 Recital Costume Fee - this fee covers 4 costumes (to be paid no later than Friday, January 13th)

**NOTE:** The recital costume fee will need to be paid by cash, check or Venmo directly to Miss Brister for ordering purposes by dates listed above

Scan here to register:



For more information, please contact

Anna Grace Brister

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Email: [annagbrister04@gmail.com](mailto:annagbrister04@gmail.com)

Or click [here](#) to register.

FPDS dance programs website: <https://cbrister.wixsite.com/fpdsdance>

